

Wantagh Elementary

Lunch Menu

October 2023



Meal Price:
Paid: \$3.25
Adult Lunch Meal: \$5.09+tax

More Info...
Daily Milk Offerings: 1% White, Fat Free White, Fat Free Chocolate (all antibiotic & hormone free)
Daily Fruit Offerings: Apple, Orange, Banana, 100% Apple Juice or 100% Fruit Punch
Daily Vegetable Offerings: Baby Carrots & Celery Sticks
Available Daily:



- Sunflower Seed Butter w/ Jelly Sandwich on WG Bread V
- Bagel Meal: Fresh NY-Style Bagel w/ 1 cheese stick and yogurt V
- Grilled Cheese Melt V
- Chicken Nuggets*

Please Note: (WG) denotes whole grain, (P) denotes item may contain pork, V denotes Vegetarian option, (*) denotes item offered with WG dinner roll(s)
 All deli sandwiches made with Boar's Head meats
Grades K-12 are offer vs serve and must choose at least 3, up to 5, of the below mentioned items. One of the choices must be a fruit or vegetable.
 -Meat/Meat Alternate
 -Vegetable
 -Whole Grain Item
 -Fruit
 -Milk

2

WG Chicken Tenders*
 Chicken Meatball Parm
 Sub 
 Apple Slices 
 Crinkle Fries
 Milk of the Day



3

WG Confetti Pancakes w/
 Syrup & Chicken Sausage
 Egg & Cheese on WG
 Biscuit 
 Orange Wedges 
 Cucumber Coins
 Milk of the Day


4 **National Taco Day**

Soft or Crunchy Chicken
 Tacos w/ Lettuce, Sour
 Cream & Salsa
 Grilled Cheese Melt 
 Apple Slices 
 Black Beans
 Milk of the Day

5

Soft WG Pretzel Rods w/
 Cheese Sauce
 Chicken Cesar Salad* 
 Grapes 
 Roasted Zucchini
 Milk of the Day


6

Cheese Pizza 
 Pepperoni (P) Pizza 
 Watermelon Cup 
 Carrot Sticks
 Romaine Cup with Ranch
 Milk of the Day

9

**No School
 Summer Recess**

10

WG French Toast Sticks w/
 Syrup & Chicken Sausage
 Egg & Cheese on WG
 Biscuit 
 Cantaloupe Chunks 
 Cucumber Coins
 Milk of the Day




11

WG Pizza Crunchers
 Grilled Cheese Melt 
 Apple Slices 
 Carrot Sticks
 Roasted Squash
 Milk of the Day

12

Mac & Cheese* 
 WG Fish Sticks*
 Grapes 
 Chickpea Salad
 Milk of the Day

13

Cheese Pizza 
 Pepperoni (P) Pizza 
 Watermelon Cup 
 Carrot Sticks
 Romaine Cup with
 Ranch
 Milk of the Day



16

Hamburger or
 Cheeseburger on WG
 Bun
 Chicken Patty on WG Bun
 Apple Slices 
 Crinkle Fries
 Milk of the Day

17

WG Mini Maple Waffles w/
 Syrup & Chicken Sausage
 Egg & Cheese on WG
 Biscuit 
 Cantaloupe Chunks 
 Cucumber Coins
 Milk of the Day

18


Soft WG Pretzel Rods w/
 Cheese Sauce
 Grilled Cheese Melt 
 Grapes 
 Sweet Potato Fries
 Milk of the Day

19

Taco Bar Thursday

Chicken Cesar Salad* 
 Pineapple Chunks 
 Black Beans
 Milk of the Day


20

Cheese Pizza 
 Pepperoni (P) Pizza 
 Watermelon Cup 
 Carrot Sticks
 Romaine Cup with Ranch
 Milk of the Day

23

WG Chicken Tenders*
 Chicken Meatball Parm
 Sub 
 Apple Slices 
 Crinkle Fries
 Milk of the Day

24

WG Confetti Pancakes w/
 Syrup & Chicken Sausage
 Egg & Cheese on WG
 Biscuit 
 Orange Wedges 
 Cucumber Coins
 Milk of the Day




25

WG Pizza Crunchers
 Grilled Cheese Melt 
 Apple Slices 
 Carrot Sticks
 Steamed Green Beans
 Milk of the Day


26

Mac & Cheese* 
 WG Fish Sticks*
 Grapes 
 Chickpea Salad
 Milk of the Day



27

Cheese Pizza 
 Pepperoni (P) Pizza 
 Watermelon Cup 
 Carrot Sticks
 Romaine Cup with Ranch
 Milk of the Day

30

Hamburger or
 Cheeseburger on WG
 Bun
 Chicken Patty on WG Bun
 Apple Slices 
 Crinkle Fries
 Milk of the Day



31

Pancake Bites w/ Syrup &
 Chicken Sausage
 Egg & Cheese on WG
 Biscuit 
 Cantaloupe Chunks 
 Cucumber Coins
 Milk of the Day

**National Apple
 Month**



*Taco Bar will include
 chicken taco meat with
 choice of soft tortilla
 shells or scoops, lettuce,
 sour cream & salsa

 Indicates a fresh produce.
 Denotes item prepared
 from scratch or speed scratch.

